

# Plymouth Memorial Track Invitational

TEAMS – Buckeye Central, Mansfield Christian, Mohawk, Open Door Christian, Mansfield St. Peter's, South Central, East Knox, Black River, Loudonville, Willard, Plymouth

ENTERING MARKS – Please enter marks from this year into Baumspage

SCRATCHES or CHANGES – Can be made in the gray trailer at the finish line with Kipp Kinn our meet manager when you arrive.

ENTRY DEADLINE – Entries will be made online at: [www.baumspage.com](http://www.baumspage.com) Entry deadline will be Thursday **March 30** at 12:00 pm

## **Meet Information**

Spikes – 1/8” spikes only

All events but the 100 dash, 100/110 Hurdles, 200 dash and the 300 Hurdles will be clerked on the turf on the home sideline. The 100 dash, the 100/110 hurdles, and the 200 dash will be clerked on the high jump pad. The 300 hurdles will be clerked at the 300 hurdles starting line.

The setup of the Plymouth track is a little different. Instead of having a common finish line for the 100/110 hurdles we have a common starting line and a different finish line for the 110 hurdles. Because of this the 110m hurdles will be the only event hand timed. Please make sure that your athletes are aware of this.

Starting Heights – Girls high jump – 3'10" Boys high jump – 4'10"

All runners should report to the home sideline turf prior to the second call. Field events report at the event site.

Relay teams should use tennis balls to designate their starting marks. Chalk or Tennis balls may be used for high jump. Please DO NOT mark on all weather surface with tape.

The 4 x 800, 800, 1600, and 3200 will use a one turn stagger. The 4 x 400 relay will use a three turn stagger.

Long jump, shot put, and discus will have 4 jumps or throws.

Meet results will be available as soon as possible after the meet. You may pick up both in the press box or on Baumspage.

Once the field events are completed, we want all athletes out of the infield. Coaches will have access to the infield and field event areas throughout the meet.

A concession stand will be open throughout the meet.

Firelands Conference Admission - **\$6.00 All**

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## Meet Schedule

**8:30** Coaches Meeting

**9:00** Girls high jump/Boys high jump to follow

Boys shot put, girls discus – flights 4 attempts 2 and 2 then switch

Boys long jump Girls long jump- flights 4 attempts then switch

**10:00** Distance Medley Relay (girls' first) 800-400-1200-1600

**11:00** Running Event Finals – Regular OHSAA meet order

**Coaches** – All races will be timed finals

SCORING – 8 Places = 10-8-6-5-4-3-2-1, Medals to 1st place finishers